

St Lawrence's Catholic Primary School



WEEK 2

Newsletter

Dalgarno Street Coonabarabran

PO Box 248

Tel: 02 6842 1732

Email: stlawrencescoona@bth.catholic.edu.au

Web: stlawriescoona.catholic.edu.au

Term 3 Week 2 Newsletter



Monday 24th July 2023

Athletics Dubbo



Best wishes to our athletes who will compete in various events at the Western Region Athletics Carnival in Dubbo next Wednesday. Thank you to parents/carers for transporting our students and to those who have volunteered to assist with the running of events.

VISION STATEMENT

'AD ALTA VIRTUTE' - To the Highest Virtue. St Lawrence's Primary School is Christ-centred. Our school aims to create a safe and caring community, fostering an educational environment that promotes high levels of learning for all.

UPCOMING EVENTS

24 July
P & F Meeting
5pm

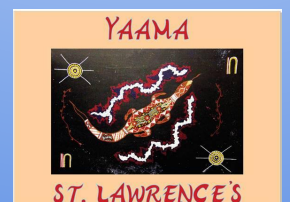
25 July
McGoldrick Cup

26 July
Western Region
Athletics

27 July
Year 6 Confirmation
Retreat Day

28 July
Yrs 1/2 Warrumbungle
Excursion
K, 3-6 Puppet Show

30th July
Confirmation



Performance

Warrumbungle Children's Services and Warrumbungle Community Care in partnership with Orana Arts are presenting two sessions of a puppet show on Friday 28 July 2023 at 12pm. A Little Bit of Blue is an interactive detective show for families, told with puppetry. As well as helping to unravel a mystery, the audience will learn about the extraordinary habits of the Australian Satin Bowerbird, and why they are so fascinated by the colour blue. All students Kinder, Years 3-6 will attend. Years 1/2 will be on excursion at Warrumbungles on that day.



Term 3 Staffing Update

This term Mrs Danielle Harris and Mrs Natasha Milford will be sharing Year 6 with Mrs Harris teaching Monday and Friday and Mrs Milford teaching Tuesday - Thursday.

Mrs Christie Osmond is sharing Year 5 with Mrs Melissa Wright with Mrs Osmond working in Year 5 on Monday, Year 4 for Mrs Goards Executive Release on Tuesday and in the Library on Wednesday.

4 simple steps to a healthy lunchbox

Packing an everyday lunchbox is as easy as:

- Step 1:** Pack vegetables for Crunch&Sip®/Fruit break (e.g. carrot sticks or cherry tomatoes).
- Step 2:** Pack fruit and an everyday snack for recess (e.g. popcorn, reduced fat yoghurt, rice crackers and cheese).
- Step 3:** Pack a sandwich, wrap, roll or leftovers (e.g. pasta, rice or roast vegetables) for lunch.
- Step 4:** Finish with water as the perfect thirst quencher.

Don't forget to pack an ice brick to keep food safe!

Carrot sticks

Banana
Reduced fat yoghurt

Vegetable fried rice

Water

For easy ideas on healthy lunchboxes scan the QR code or visit: www.swapit.net.au/ideas

Altar Server Roster

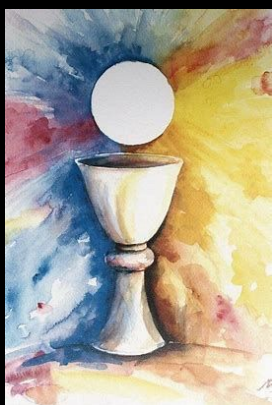
Date	Altar Server
30th July	Noah
6th August	Keithah
13th August	Jemma
20th August	Keithah
27th August	Noah
3rd September	Keithah
10th September	Jemma
17th September	Noah
24th September	Jemma
1st & 8th October School Holidays	
15th October	Jemma
22nd October	
29th October	Noah
5th November	Jemma
12th November	Keithah
19th November	Noah
26th November	Keithah
3rd December	Jemma
10th December	Keithah



"We acknowledge the traditional owners of this land and pay respects to the elders and deceased members of the Gamilaraay people."



Parent Meeting for First Eucharist



Families wishing their children to receive the Sacrament of First Holy Communion are invited to attend a meeting on Thursday 27th July at 4:30pm in the school library. First Communicants are required to attend.

Confirmation This Sunday

Confirmation Mass 9:30 am followed by Morning Tea - please bring a plate to share



Sacrament of Confirmation

Jed Lailah Charlotte
Ella Lincoln Jemma

Congratulations to Our Award Winners

Kindergarten

Georgia Giovas-Taking so much more care to complete her work well.
Will Hawkins-Great improvement during phonics lessons.
Ariana Hayes-Fantastic drawings of giraffes.
Laine Ritchie-Working so hard in reading groups.

Year One

Chloe Mowatt-Drawing an excellent diagram of a bee.
Ben McDonough-Excellent effort with sentence writing using modal verbs.
Natasha Maynard-Great work collecting data for our class graph.
Jack Allen-Super spelling with the Year One Sight Words and the phonics words.

Year Two

Daley Flood-Diligent focus in spelling.
Ava Harley-Accurate identification of metaphors within a text.
Laikem Sim-Consistent effort in Reinforced Reading.
Eadie Watton-Being a wonderful reading fluency partner.

Year Three

John Neal-Working confidently in Mathematics in the area of Fractions.
Michael Gray-Working well with class members during group work.
Loki Holmesby-For taking on teacher feedback and understanding the importance of his own learning.
Izabelle Maiden-A great start to Term Three.

Year Four

Maggie Rehwinkle-For forming compound sentences in Spelling.
Henley Flood-For respectful participation in yarning circles.
Laicy Harris-For detailed 3D drawings
Amarnii Stanton-For her effort in producing quality artwork.

Year Five

Amelia Morris-For having a friendly and positive attitude.
Kelly Jamieson-For trying her best and setting a great example in the classroom.
Rubi Soussa-For setting a great example in the classroom.
Mia Freebairn-For always setting a great example in the classroom.

Year Six

Lilly Hunter-Beautiful bookwork.
Ashlyn Clarke-Settled work habits.
Charlotte Roberts-Relating the message of Bible verses to our own life.
Lincoln Cook-Excellent work representing fractional parts.

Happy birthday this week to: ~

Wyatt Hasted, Jed Fester, Ava Harley, Elsie Row, Milleita Cook!



WESTERN REGION ATHLETICS CARNIVAL

We wish all of the students attending the Regional athletics carnival this Wednesday 26th July all the best. Students will be competing at Barden Park, Dubbo against five other schools. We look forward to hearing some wonderful results.

Terry McGoldrick Rugby Gala Day

A selection of our students Year 3-6 will be participating tomorrow in the Rugby Gala day at the town oval. We would love to see as many parents as possible come and watch and even donate some of your time to helping our P and F run the canteen. The day will commence at approx. 9.30am and conclude at 2pm. There are 6 schools visiting for the day so any help would be appreciated.

P&F Doings

Our P&F never stop! During the holidays, the P&F assisted at the NAIDOC ball in town by operating the bar and raised \$1500 for the evening. It was a pleasure to be able to assist another organisation by taking care of one part of their event. Thank you to the parents and friends who assisted at this event.

Last weekend the P&F once again assisted the Coona Jockey Club with their Winter Race Meet by operating the bar. We wait to hear how much was raised through this event.

In order to be able to assist at such events, parents and friends need to hold a current RSA and be willing to give a few hours of their time. Usually at these events tickets are sold and patrons then proceed to the bar to purchase their drinks using tickets so bar staff do not need to handle money and as most drinks are prepackaged, there is limited pouring of drinks which makes the job easier. Most events have security meaning the need to check for ID is also generally taken care of. This is also a great way to meet other parents and friends of our school and community. If you are willing to undertake RSA training and able to assist the P&F, a part reimbursement of the cost of the qualification may be available. Please contact the school to register your interest or there is an RSA being held on 17th August at the local TAFE.

Kindergarten 2024 Information Meeting



A big welcome and thank you to our Kindergarten 2024 parents who attended our information meeting last week. It was wonderful to see so many families in attendance. We hope you enjoyed the opportunity to have a look around and meet some of our wonderful staff. Last week's meeting was information overload and I hope that the enrolment packages are a good reference for you into the future. As mentioned last week, we are here to help in any way we can to make your child and your families time at St Lawrence's as positive as possible so please talk to us at anytime. Enrolment packages are due back at school on Tuesday 1st August complete or incomplete prior to students starting their first transition session. If you need assistance with any part of the enrolment process we are here to help. We look forward to welcoming you and your child to our school for their first transition session on Tuesday 1st August 9-11am. Natasha Milford ~ Principal.



School Photo Return

Montage Fotos have been in contact with school early this term to advise that we can expect our school photos to be returned approximately Week 5 beginning 14th August. We look forward to receiving our photos back around then.

Stage 1 Excursion

Students in Years 1/2 will take part in an excursion to the Warrumbungles next Friday 28th July to coincide with their unit of work in Geography - People and Places. The bus will depart school at 9am sharp so please ensure students are at school on time. The bus will return in the afternoon in time for students to catch the bus home or normal pick up time. We hope our students have a wonderful day exploring the environment!

Absences

Thank you to parents and carers who promptly explain absences for their children when they have been away from school. This helps to relieve the workload of school staff having to chase up absences. A reminder that students need to be at school on time every day that the school is open unless they are unwell or have another legitimate reason that cannot take place outside of school hours. If students are absent for unavoidable reasons, parents and carers have 7 days to explain the absence. The easiest way to do this is via our Compass app, a note to your child's class teacher or a phone call to the office.

Year 6 RE Test

Each year our Year 6 students take part in the Year 6 RE Test. This test is designed to check in with how the teaching and learning of Religion is going throughout the Diocese. Students sit a 40 question test and receive a certificate and feedback on their performance. This year's Year 6 students did well with 4 students receiving distinctions, and 7 students receiving credits. Well done Year 6 and staff who have taught these students during their time at St Lawrence's!



Choir

Did you know that we have begun a small choir here at St Lawrence's under the guidance of Mrs Sarah Henley? Students that are interested in participating meet at lunchtimes on Friday and are working on having a repertoire of songs to sing for special occasions. Thank you Mrs Henley for providing this opportunity for our students and we look forward to hearing some of your works.

Terry McGoldrick Cup Reminder ~ Tuesday 25th July

Students are to come to school at normal time and will then walk to the oval with teachers. The carnival finishes at approximately 2pm and students will return to school for normal pick up. Students wear full sports uniform ~ must bring mouth guard, football shorts or school shorts, football socks, water bottle and food. There will be a canteen operating on the day. If you can assist in the canteen, your time is appreciated.



Radio Stars

St Lawrence's Radio stars for this week are Mahari Mitchell, Demi Parnell and Rubi Soussa. These ladies with the assistance of Belinda Johnston and Rob Dean recorded a very informative radio session this week, touching on their holidays, their friends, what is coming up at St Lawrence's and even a few jokes. These ladies have been to the radio before and the fact that they very professionally recorded their program in two takes shows their experience! St Lawrence's Radio Program airs each week during term Thursdays and Sundays at 6pm on 2WCR FM.



Top Nutrition = Top Marks

Welcome to SWAP IT!

SWAP IT supports you to make informed choices about your child's health and wellbeing. Good nutrition leads to greater wellbeing for your child and can even have a positive impact on how well they do in class.

One swap from a sometimes food to an everyday food can make a big difference.

Here are some great ideas you can swap today:

- Cake to scone.
- Chips to popcorn.
- Juice to plain milk.

SWAP FROM



Chocolate cake



SWAP TO



Fruit scone

You will receive weekly tips and ideas about healthy swaps you can make!

PUPIL FREE DAY REMINDER TERM 4 2023 THURSDAY 12TH AND FRIDAY 13TH OCTOBER 2023

KINDERGARTEN TRANSITION PROGRAMME

DATES 2023

INFO SESSION & TOUR OF SCHOOL
Thursday, 20 July 2:30pm

TRANSITION DATES

Tuesday, 1 August	9am-11am
Tuesday, 8 August	9am-11am
Tuesday, 15 August	9am-1:45pm
Tuesday, 22 August	9am-1:45pm
Tuesday, 29 August	9am-3pm
Tuesday, 5 September	Parent Meetings - times TBA

Where: Music Room, St Lawrence's
Teacher: Mrs Megan Redden
Wear: Sensible, sun-safe clothing
Bring: A hat, water bottle, fruit for Crunch & Sip AND
On 29 August, don't forget a packed lunch as well!
Remember: Sign students IN & OUT
Indicate pick-up arrangements
Notify us if your child has any special needs
dietary requirements or allergies!



Enrolments Due: Tuesday, 1 August 2023

St Lawrence's Catholic
Primary School
Coonabarabran



2023

7th &
8th Sept
2023

HORSE SPORTS

Entries via Nominate - opening date TBA



stlawrencescoona@bth.catholic.edu.au

TO REGISTER YOUR INTEREST


These advertisers support us, please support them:



WAYNE LEE CONSTRUCTIONS
0407 216 312
 Email: wayneleeconstructions@gmail.com Lic No. 370471C



McWhirter's Bus Service
 Charter and Educational Tours
 Modern seat belt equipped coaches
0429 457 768
 Phone/Fax 6842 3054
 10 Crane Street, Coonabarabran



Where you grow, we go.
 We can help you thrive too.
 To find out more visit www.forsyths.com.au
 or call us on 02 6842 0000.

Your Discount Chemist Coonabarabran
 77 John Street, Coonabarabran, NSW, 2357
YOUR DISCOUNT CHEMIST
 Email: coona@kp.com.au
 Phone: 02 6842 1118
 Fax: 02 6842 2569
www.yourdiscountchemist.com.au

EQUIPMENT HIRE - SMALL EARTHMOVING




02 6842 2149
0498 127 712
 3 Castlereagh Street, Coonabarabran



Roachs Home Hardware
6842 1811 or 6842 1760
 * Hardware * Rural Merchandise * Steel * Paint
 * Glass * Timber * Poly Pipe
 47 Cassilis Street, Coonabarabran NSW 2357



This newsletter contains all the latest club news.
 For enquiries please email:
coonabarabranponyclub@outlook.com



Matt Coyle Plumbing
 Plumber - Drainer - Gasfitter - Roofer
 Licence 291926C. A.B.N. 2981 670 5346
 PO Box 35
 Coonabarabran 2357
Matt Coyle
0405 336 867
mattcoyle.plumbing@gmail.com



CHAPMAN'S TYRE SERVICE
 great deals friendly service
 for all your tyre needs
 Phone Paul, Katie or Jody
6842 1108



DAIKIN EDWARDS AIR CONDITIONING
 For Installation, Service, Repair, & Obligation Free Quotes
 277 Timor Rd, Coonabarabran 2357.
Office: 6842 1100 Mobile: 0427 253 406
 Email: sales@edwardsair.com.au
 Lic. No.: 203642C Authorised DAIKIN Dealer

Coonabarabran Bowling Club
 Edwards Street, Coonabarabran



Phone:
 68421349 (Bar)
 68421041 (Bistro)

Honey House Bistro OPEN 6 DAYS KENO TAB FOX SKY ATM eftpos



PURSEHOUSE RURAL
 ag business services
 Phone: **6849 2330**
 Fax: 6849 2338

1000 x FREE BUSINESS CARDS
 or
 FREE Embroidery setup of your logo
 (contact us for more details)

www.xlr8promotions.com.au



UNIFORMS EMBROIDERY PRINTING TROPHIES GRAPHIC DESIGN
Ph: 6882 4995



COONABARABRAN Veterinary Surgery
 Ph: 02 68421251 Email: admin@coonavet.com.au